














Australian International School Secondary Lunch Menu June 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
	1/6	2/6	3/6	4/6	5/6
A	Thyme Roasted Chicken with Roasted Potato	Tuna & Sweet Corn Pasta Baked  	Chicken Paella	Jarret de boeuf (Sweet Potato & Beef Stew) with Roasted Potato	Roasted Pork Loin with Mushroom Sauce & Rice
B	Vietnamese Style Turmeric Fish with Red Rice 	Korean Style Fried Glass Noodle with Chicken & Vegetables	Stir Fried Beef & Egg with Rice 	Sweet & Sour Pork with Red Rice	Japanese Fried Udon Mixed Seafood and Vegetables  
C 	Braised Mushroom with E-Fu Noodle	Vegetarian Pork Chop with Onion Sauce and Rice	Portuguese Style Vegetables Curry with Rice 	HK Style Scramble Egg with Tomato and Rice 	Spaghetti Vegetarian Meatball
Chef's Special	Tacos Arabes– Mexico Cumin–Marinated Pulled Pork in Pita Bread with Green Salad	Enoki Mushroom Beef Roll with Rice	Shogayaki–Japanese Ginger Pork Rice Bowl	Smoked Salmon Fried Rice Bowl  	Thai Duck Breast Red Curry with Rice and Roti 
Noodle Bar	Japanese Fried Chicken with Ramen Soup	Shanghainese Pork Chop with Rice Noodles	Hong Kong Fish Spring Roll with Vermicelli Noodle Soup 	Thai Sweet & Chili Pork Chop with Ho Fan Soup	Thai Basil Beef with Ho Fan Soup

Go! Eat as much as you want. **Slow!** "Sometimes Food!" **Whoa!** Once in a while.

Highlighted in respective colour on the Hot Meal choice

Dairy Alert



Egg Alert



Seafood Alert



Shellfish Alert



Spicy Alert



Vegetarian Choice




Australian International School Secondary Lunch Menu June 2026


	Monday	Tuesday	Wednesday	Thursday	Friday
	8/6	9/6	10/6	11/6	12/6
A	Moroccan Chicken Tagine with Rice (Spicy)	Honey Mustard Roasted Pork Loin with Red Rice	Creamy Butter Garlic Chicken with Penne	Beef Bourguignon with Fusilli	Red Pesto Fish with Boiled Potato 
B	Lemongrass Pork Chop with Red Rice	Oriental Beef with Rice	Vietnamese Steamed Fish with Rice 	Braised Diced Chicken in Sweetcorn Egg drop Sauce with Rice 	Honey Glazed BBQ Pork (Char Siu) with Rice
C 	Fusilli Pumpkin Alfredo 	Sweet Corn & Zucchini Frittata with Herb Potato 	Cherry Tomato and Basil Orecchiette	Braised Double Mushroom & Broccoli with Rice	Eggplant Parmesan Pasta 
Chef's Special	Beef Lasagna with Garlic Bread 	Hainanese Chicken Rice	Peking Shredded Pork Rice Bowl	Peri Peri Chicken with Mash	Gyudon (Japanese Beef Bowl)
Noodle Bar	Vietnamese Butter Chicken Wing Ho Fan Soup	Budae Jjigae – Korean Army Stew  	Thai Basil Beef with Vermicelli Soup	Shanghainese Dumpling with Rice Noodles	Japanese Char Siu Ramen Soup


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	Monday	Tuesday	Wednesday	Thursday	Friday
	15/6	16/6	17/6	18/6	19/6
A	Stifado (Greek Beef Stew) with Fusilli	Smoked Paprika Pork with Herbs Potatoes	Creamy Chicken Lasagna 	Lemon Garlic Baked Fish with Boiled Potato 	 Tuen Ng Festival 
B	Fried Fish in Sweet Corn Sauce with Rice 	Taiwanese Three Cup Chicken with Rice	Mapo Tofu with Rice (No Spicy)	Chinese Braised Beef with Potato and Carrot & Rice	
C 	Creamy Sun Dried Tomato Fusilli 	Vegetables and Egg Fried Rice 	Pasta Primavera	Carrot Mac & Cheese 	
Chef's Special	Taiwanese Mushroom Minced Pork with Boiled Egg Rice Bowl 	Fish & Chips 	Kung Po Beef Rice Bowl (No Nuts) 	Cheese Baked Pork Chop with Egg Fried Rice  	
Noodle Bar	Scallion Oil Chicken with Mixed Noodle	Laksa Chicken with Oil Noodle  	Japanese Fried Dumpling with Ramen Soup	Hong Kong Ginger Beef with Macaroni Soup	

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	Monday	Tuesday	Wednesday	Thursday	Friday
	22/6	23/6	24/6	25/6	26/6
A	Pork Blanquette with Mash 	New Orleans Roasted Chicken with Herb Potato(Spicy) 	Tarragon Ground Beef Pasta	Honey Roasted Chicken Steak with Rice	Penne al Tonno  
B	Thai Style Stir Fried Beef & Basil with Rice	King Dou Pork with Rice	Steamed Fish & Spring Onion with Rice 	HK Style Wok Fried Spaghetti with Pork Chop and Soy Sauce	Braised Chicken & Potato with Red Rice
C 	Spaghetti Veggie Chicken Arrabiatta	Hong Kong Style Tomato Scrambled Egg with Rice 	Tomato Spinach Vegetarian Chicken Pasta	Spaghetti with Sweetcorn & Marinara Sauce	Fried Vermicelli with Seasonal Vegetables and Bean Curd in Soy Sauce
Chef's Special	Seafood Paella  	Cheese Baked Curry Beef with Egg Fried Rice  	Pork Meatball (Bánh Mì) Baguette with Salad	Creamy Seafood Baked Ink Squid Spaghetti   	Japanese Pork Cutlet with Mild Curry Rice Bowl
Noodle Bar	Korean Kimchi Pork with Udon Soup 	Hong Kong Style Wonton Noodle Soup 	Hainanese Chicken with Rice Noodle Soup	Thai Lemongrass Beef with Vermicelli Soup	Roasted Honey Chicken Wing with Ho Fan Soup

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