

Australian International School Primary

Lunch Menu Dec 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
		1/12	2/12	3/12	4/12
A		Estofado–Spanish Beef Stew with Spaghetti	Pesto Chicken Pizza 	Baked Lemon Garlic Fish with Boiled Potato 	Carbonara Pasta 
B		Sweet & Sour Fish with Rice 	Bò kho–Vietnamese Beef Stew with Red Rice	King Dou Pork with Rice	Chicken Mayo Sandwich with Salad 
C 		Pesto Broccoli with Conchiglie (Shell Pasta)	Pasta Alla Norma	Imam Bayildi (Roast Eggplant) with Butter Pasta	Ratatouille with Pasta

Go! Eat as much as you want. Slow! “Sometimes Food! “ Whoa! Once in a while.

Highlighted in respective colour on the Hot Meal choice

Dairy Alert


Shellfish Alert


Egg Alert


Spicy Alert


Seafood Alert


Vegetarian Choice


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	Monday	Tuesday	Wednesday	Thursday	Friday
	7/12	8/12	9/12	10/12	11/12
A	Roasted Pork Loin with Herbs Gravy and Penne	Buffalo Chicken (Spicy) with Crushed Potato	Peposo (Beef) with Pasta	Pollo al Ajillo (Chicken) with Pasta	Pôchouse–Burgundy Fish Stew with Red Rice  
B	Vietnamese Turmeric Fish & Dill with Rice 	Stir Fried Beef & Broccoli with Rice	Braised Minced Pork with Eggplant with Rice	Musakhan (Chicken, No Nuts) with Rice	Stir Fried Shredded Pork, Garlic & Chinese Zucchini with Red Rice
C 	Tomato & Cheese Sandwich with Salad 	Pasta Veg Meatball	Mixed Bell Pepper & Mushroom Pizza 	Kabak Mücveri (Turkish Cheese Egg Pie)  	Kidney Bean Spaghetti Aglio olio

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	Monday	Tuesday	Wednesday	Thursday	Friday
	14/12	Christmas Lunch	16/12	17/12	18/12
A	Irish Beef Stew with Penne	Roasted Pork Loin with Apricots & Mustard Gravy with Pasta	Pepperoni and Cheese Pizza with Roasted Potato		
B	Stir Fried Pork & Cucumber & Black Fungus with Rice	Smoked Turkey with Garlic Pasta	Fried Fish in Sweet Corn Egg Drop Sauce with Rice		
C	Mushroom Stroganoff with Pasta	Sweet Potato & Lentil Casserole	Vegetarian Chilli Con Carne with Rice		

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Dairy Alert		Egg Alert		Seafood Alert	
Shellfish Alert		Spicy Alert		Vegetarian Choice	